

1 **Molecular and clinical spectrum of epilepsy-dyskinesia** 2 **syndromes: a cross-sectional study of 609 patients**

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22 **Abstract**

23 Epilepsy-dyskinesia syndromes (EDS) are a complex group of neurogenetic disorders
 24 characterized by the co-occurrence of epilepsy and movement disorders. Despite their increasing
 25 clinical recognition, the molecular and clinical spectrum of EDS remain poorly understood. While
 26 numerous genetic etiologies have been implicated, systematic characterization across diverse
 27 populations is lacking. This study aimed to delineate the molecular and clinical landscape of EDS

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1 in a large, multinational cohort, focusing on movement disorder phenomenologies, genotype-
2 phenotype correlations, and treatment responses.

3 We conducted a multicenter, cross-sectional study involving 609 patients with childhood-onset
4 movement disorders associated with pathogenic variants in 105 predefined genes. Clinical data
5 were collected from over 30 centers across 25 countries using a standardized survey, capturing
6 movement disorder phenomenologies, seizure types, developmental trajectories, motor function,
7 and treatment outcomes. We classified EDS-associated genes into biologically meaningful groups
8 by performing unsupervised clustering, which integrated protein-protein interactions and
9 functional data. Genotype-phenotype correlations were assessed using a one-versus-remainder
10 approach to quantify differential enrichment of clinical manifestations and treatment responses.

11 Pathogenic variants were identified in 74 of the 105 predefined genes, with 12 genes accounting
12 for two-thirds of cases. The most frequently reported genes were *MECP2*, *ATPIA3*, and *GNAO1*.
13 Data-driven gene cluster analysis identified 12 functional groups, mapping EDS to relevant
14 biological pathways and informing genotype-phenotype analyses. Dystonia (34.2%), stereotypies
15 (24.6%), and ataxia (16.2%) were the most prevalent movement disorders, with gene- and
16 pathway-specific movement disorder signatures extending beyond previously known associations.
17 Notably, most patients exhibited mixed movement disorders, highlighting the phenotypic
18 complexity of EDS. Epilepsy was diagnosed in only 66.8% of cases, suggesting that some EDS
19 primarily manifest as movement disorders. Developmental trajectories varied by genetic etiology.
20 Pharmacological responses demonstrated gene- and pathway-specific treatment effects,
21 confirming established therapeutic associations (e.g., *PRRT2* variants responding to
22 carbamazepine) and identifying previously unrecognized effects, such as exacerbation of motor
23 symptoms with levodopa/carbidopa in *GNAO1* and *MECP2* variants.

24 This study provides a detailed characterization of EDS, identifying distinct genetic, phenotypic,
25 and therapeutic patterns. The findings underscore the need for early recognition of movement
26 disorders within epilepsy cohorts, offer immediate insights to improve anticipatory guidance and
27 clinical management of EDS, and advocate for personalized treatment strategies. By laying the
28 groundwork for longitudinal studies to refine genotype-phenotype correlations and establish a
29 natural history, this work paves the way for interventional clinical trials and precision medicine
30 approaches.

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22 genetic heterogeneity; natural history

23

1 Introduction

2 Epilepsy-dyskinesia syndromes (EDS) are a large and heterogeneous group of neurological
3 conditions defined by the co-occurrence of epilepsy and movement disorders ¹. EDS arise from a
4 range of etiologies, including acquired causes, such as hypoxic-ischemic injury, autoimmune
5 encephalitis, central nervous system infections, and importantly, a growing number of genetic
6 disorders. Over 100 genetic causes have now been identified, underscoring the rapidly expanding
7 molecular landscape of genetic epilepsies ^{2,3}, movement disorders ⁴⁻⁶ and their significant overlap.

8
9 Despite these advances, the cumulative prevalence of EDS remains unclear and likely
10 underestimated. Systematic investigations on EDS are limited ^{1,7,8}, as most published cohorts have
11 primarily focused on epileptic or developmental encephalopathies, with movement disorders often
12 described only incidentally or as secondary features. As a result, the understanding of the
13 phenotypic spectrum and natural history of EDS, as well as the interplay between abnormal
14 movements and seizures, is limited.

15
16 Considerable genetic heterogeneity and phenotypic pleiotropy add a layer of complexity to
17 understanding EDS. Many genes are associated with overlapping phenotypes; for example,
18 dystonia has been linked to more than 30 distinct genetic causes ⁵. Conversely, a single gene may
19 exhibit striking phenotypic pleiotropy, exemplified by *PRRT2*-related disorders, which range from
20 benign familial epilepsy to paroxysmal dyskinesia to episodic ataxia ^{9,10}, and *ATPIA3*-related
21 conditions, which encompass at least four distinct canonical clinical entities with overlapping
22 features ¹¹. These examples highlight the blurred boundaries between clinical phenotypes and the
23 intricate molecular mechanisms underlying EDS. As the spectrum of EDS continues to expand, it
24 has become clear that movement disorders significantly contribute to disease burden. However,
25 large, systematically characterized cohorts - particularly those evaluated by movement disorder
26 specialists - are rare. Such data are essential for refining clinical phenotypes, elucidating natural
27 history, identifying genotype-phenotype correlations, and enhancing clinical trial readiness for
28 these rare conditions.

29

1 To address this unmet need, we conducted the Epilepsy-Dyskinesia Spectrum Study
2 (NCT06585605), a multicenter investigation designed to delineate the molecular and phenotypic
3 spectrum of EDS. We present cross-sectional data from 609 individuals with childhood-onset
4 EDS.

6 **Materials and methods**

7 This multicenter, cross-sectional observational study included patients with childhood-onset
8 movement disorders (0–18 years) and confirmed genetic diagnoses from a predefined list of 105
9 genes associated with both movement disorders and epilepsy (Supplementary material, File 1).
10 The genes included in the study were curated and selected through a multistep consensus process
11 between the Movement Disorders Program at Boston Children’s Hospital and the Steering
12 Committee of the Pediatric Movement Disorders Special Interest Group (SIG) of the International
13 Parkinson and Movement Disorder Society (MDS) while incorporating feedback from the
14 membership of the SIG via email survey. Pediatric neurologists specializing in movement
15 disorders contributed cases from over 30 centers across 25 countries. All clinical data were sourced
16 from patients’ medical records and anonymized. The study adhered to the Declaration of Helsinki,
17 institutional policies at participating centers, and was approved by the Institutional Review Board
18 at Boston Children’s Hospital (IRB-P00043928) and registered at ClinicalTrials.gov
19 (NCT06585605). Demographic and clinical data were collected through a standardized survey
20 developed specifically for the study of EDS (Supplementary material, File 1). Additional methods,
21 including gene cluster analyses and statistics are detailed in the Supplementary material, File 2.

23 **Results**

24 **Demographic and Genetic Characteristics**

25 A total of 609 patients were included in the analysis. Previously described cases in the literature
26 accounted for 9.4% (Supplementary Table 1). The median age at last follow-up was 9.5 years
27 (interquartile range [IQR]=10.17 years) (Figure S1A). Data were collected from over 30 centers

1 in 25 countries (Figure 1A), covering all continents except Africa. The highest representation was
2 from the United States (34.4%), followed by Spain (11.4%), Canada (8.0%), Australia (7.3%), and
3 Chile (7.3%). All submitters self-identified as movement disorder specialists (fellowship trained)
4 or pediatric neurologists in diagnosing and managing movement disorders.

5
6 Pathogenic variants were identified in only 74 of the 105 predefined genes (Supplementary Table
7 2), highlighting the ultra-rare nature of some conditions. The ten most frequently affected genes
8 were *MECP2* (14.8%, n=90), *ATP1A3* (7.4%, n=45), *GNAO1* (6.7%, n=41), *PRRT2* (6.4%, n=39),
9 *SLC2A1* (5.8%, n=35), *CACNA1A* (5.3%, n=32), *WDR45* (5.1%, n=31), *CDKL5* (4.9%, n=30),
10 *FOXG1* (3.3%, n=20), and *STXBPI* (3.1%, n=19) (Figure 1B, Supplementary Table 2).

11
12 54.6% of patients were female, with expected sex ratios for specific genes based on X-linked
13 inheritance patterns (Figure 1D). At the time of reporting, 595 patients (97.7%) were alive, while
14 13 (2.1%) had died, with a median age at death of 6.2 years (IQR=6.1 years) (Figure 1E). The
15 significant subset of deaths (n=4) was associated with *GNAO1* variants. Single deceased patients
16 were also reported for variants in *ARX*, *GABRA1*, *GABRB2*, *KCNT1*, *NARS2*, *PCDH19*, *SCN8A*,
17 *VARS2*, and *WWOX*.

18
19 We determined inheritance patterns through molecular testing for 65.7% (n=395) of patients, with
20 73.7% of variants occurring *de novo*. For several genes, including *WDR45*, *CDKL5*, *FOXG1*,
21 *STXBPI* and *RHOBTB2*, all reported variants were *de novo* in origin (Figure 1F). Diagnostic
22 approaches varied, with genetic diagnoses most frequently obtained through exome sequencing
23 (46.5%, n=263), followed by targeted multigene panels (30.6%, n=173) and single-gene testing
24 (11.0%, n=62) (Figure S2), likely reflecting both the clinical approach to some clinical entities
25 (i.e. single-gene testing for *MECP2*- and *PRRT2*-related disorders) and availability of genetic
26 technologies across different health care settings. The median age at genetic diagnosis was 4.4
27 years (IQR=8.8 years).

28

1 **Genes associated with EDS form 12 biologically defined clusters**

2 Previous studies have explored converging disease mechanisms across different forms of EDS by
3 manually mapping associated genes to known biological pathways^{1,8,12,13}. However, this approach
4 relies on subjective categorizations, leading to potential biases and limited scope. To overcome
5 these limitations, we employed a data-driven, unbiased methodology to systematically uncover
6 functional associations among all EDS-associated genes in our study. Specifically, we integrated
7 Gene Ontology (GO)-derived functional similarities with experimentally validated protein-protein
8 interaction (PPI) data from three major databases, STRING, BioGRID, and IntAct¹⁴⁻¹⁶. Using
9 network-based clustering, we identified 12 distinct gene clusters (Figure 1C), each characterized
10 by shared biological functions and protein-level interactions. This systems-level perspective
11 provides a comprehensive framework for understanding EDS pathogenesis. Detailed
12 characterizations of all clusters are presented in Figures S3–S6; here, we focus on a subset of
13 clusters with the highest prevalence in our cohort.

14
15 Among the identified clusters, Cluster 1 consists of genes encoding ion-transporting proteins,
16 including voltage-gated sodium, potassium, and calcium channels, which mediate ion flux across
17 membranes to regulate neuronal excitability and action potential propagation (Figure S3A&B).
18 Cluster 2 is enriched for genes involved in cGMP-mediated signaling through heterotrimeric and
19 monomeric G-protein-coupled receptors. This cluster includes G protein subunits (*GNAO1*,
20 *GNB1*), G protein activators (*SYNGAP1*), downstream effectors (*PLCB1*), and cyclic nucleotide-
21 metabolizing enzymes (*PDE10A*, *PDE2A*), forming a core regulatory network for metabotropic
22 glutamate, dopamine, and acetylcholine signaling (Figure S3C&D)¹⁷. Cluster 3 encompasses
23 genes that regulate neuronal transcription and translation, including transcription factors (*MECP2*,
24 *ARX*, *FOXP1*, *MEF2C*, *SETBP1*), transcriptional modulators (*CDKL5*, *CSTB*, *WWOX*), chromatin
25 accessibility regulators (*HNRNPU*, *SMC1A*, *SETD5*), and mediators of dendritic translation
26 (*PURA*) (Figure S3E&F). These transcriptomic regulators orchestrate critical aspects of cortical
27 development, including neural progenitor proliferation, neuronal migration, and dendritic spine
28 formation¹⁸⁻²⁵. Cluster 5 is enriched for genes essential for synapse function and architecture,
29 particularly those involved in SNARE complex assembly (*STXBP1*, *PRRT2*), synaptic vesicle
30 endocytosis (*SYNJ1*, *TBC1D24*, *DNMI*, *VAMP2*), and presynaptic cytoskeletal organization

1 (*SPTAN1*, *PCDH12*, *PCDH19*) (Figure S4C&D) ²⁶⁻²⁸. Cluster 10 is associated with
2 macroautophagy, featuring genes involved in autophagosome biogenesis (*WDR45*, *EPM2A*),
3 maturation (*EPG5*, *SNX14*), and targeting proteins and organelles for degradation (*NHLRC1*,
4 *UBE3A*, *UBA5*) ²⁹⁻³⁴. Other clusters are centered on axonal protein transport, tRNA
5 aminoacylation, post-translational glycolipidation of proteins, neuronal oxidative metabolism,
6 ionotropic glutamatergic receptor signaling, and inhibitory synapse assembly. Collectively, these
7 12 gene clusters delineate distinct molecular networks underlying EDS pathogenesis.

8

9 **Movement Disorders**

10 At last follow-up, 96.1% (n=585) of patients exhibited a predominant movement disorder, with
11 76.4% (n=447) showing a hyperkinetic movement disorder and only 1.5% (n=9) displaying a
12 hypokinetic movement disorder. Other movement disorders (spasticity or ataxia) were the leading
13 phenomenology in 22.1% (n=129). Representative Supplementary Videos 1–23 are available at
14 FigShare doi:[10.6084/m9.figshare.c.7969280](https://doi.org/10.6084/m9.figshare.c.7969280). Overall, dystonia (34.2%, n=200) was the most
15 common primary movement disorder, followed by stereotypies (24.6%, n=144), and ataxia
16 (16.2%, n=95).

17

18 Significant associations were observed between specific leading movement disorder
19 phenomenologies and particular genes and pathway clusters (Figure 2A, Figure S8A&B).
20 Stereotypies emerged as the phenomenology significantly overrepresented in patients with
21 pathogenic *MECP2* (OR=21.4, 95%-CI =12.0–40.0, $p_{\text{adj}} < 1.0 \times 10^{-16}$) (Supplementary Video 1) and
22 *WDR45* (OR=9.2, 95%-CI=3.8–24.6, $p_{\text{adj}} = 2.6 \times 10^{-8}$) variants, typically reflecting characteristic hand
23 stereotypies seen in both conditions.

24

25 Dystonia was most frequent in patients with *GNAO1* (OR=6.0, 95%-CI=2.8–13.6, $p_{\text{adj}} = 7.1 \times 10^{-7}$)
26 (Supplementary Videos 2-4), *ATPIA3* (OR=3.5, 95%-CI=1.8–7.0, $p_{\text{adj}} = 3.9 \times 10^{-4}$), and *PRRT2*
27 (OR=2.7, 95%-CI=1.3–5.9, $p_{\text{adj}} = 1.9 \times 10^{-2}$) (Supplementary Video 5) variants. Overall, 43.3%
28 (246/568) of patients in the cohort were reported having dystonia either as a leading

1 phenomenology or as additional finding (Figure S9A). The distribution of affected body regions
2 was relatively similar across affected genes with most patients having limb dystonia (89.1%,
3 180/202), followed by truncal (32.3%, 65/201), cervical (23.4%, 47/201) and orofacial dystonia
4 (20.0%, 40/200) (Figure S9A). Underscoring the severity of dystonia in a subset of patients with
5 EDS (covering *GNAO1*, *STXBPI*, *MECP2*, *ARX*, *ATP1A3*, *UBA5*, *RHOBTB2*, *NARS*, and
6 *SLC13A5*), 7.5% (15/200) had a history of status dystonicus with need for inpatient, often intensive
7 care unit level, of care.

8
9 Ataxia was strongly associated with variants in *CACNA1A* (OR=12.7, 95%-CI=5.4–31.7,
10 $p_{\text{adj}}=5.8\text{e-}13$) (Supplementary Video 6) and *SCN1A* (OR=11.1, 95%-CI=2.9–51.5, $p_{\text{adj}}=8.1\text{e-}4$) and
11 was also more common in patients with *SLC2A1*-related disorder (OR=2.9, 95%-CI=1.3–6.4,
12 $p_{\text{adj}}=1.8\text{e-}2$). Overall, 26.4% (149/564) of patients were reported having ataxia either as leading
13 phenomenology or additional finding, mostly manifesting in the form of gait ataxia (83.9%,
14 109/130) and less frequently as truncal (29.2%, 38/130) or limb ataxia (28.5%, 37/130) (Figure
15 S9C). Chorea was the leading phenotype only in patients with *FOXG1* variants (OR=10.4, 95%-
16 CI=3.7–29.5, $p_{\text{adj}}=3.8\text{e-}8$) (Supplementary Video 7), though it was also significantly associated
17 with *PRRT2* variants (OR=6.4, 95%-CI=2.8–14.4, $p_{\text{adj}}=7.0\text{e-}7$) (Supplementary Video 5),
18 reflecting the often complex paroxysmal dyskinesia with combined dystonia and chorea seen with
19 *PRRT2*-related disorder.

20
21 The second leading movement disorders also demonstrated gene-specific patterns (Figure 2A,
22 Figure S8C&D). Spasticity was more frequently observed as an additional feature in patients with
23 *GNAO1*-related disorder (OR=4.0, 95%-CI=1.5–9.8, $p_{\text{adj}}=2.0\text{e-}2$) and *MECP2*-associated Rett
24 syndrome (OR=3.3, 95%-CI=1.3–8.0, $p_{\text{adj}}=4.7\text{e-}2$). *GNAO1* variants were further associated with
25 an increased likelihood of chorea as a second predominant manifestation (OR=3.8, 95%-CI=1.6–
26 8.7, $p_{\text{adj}}=1.6\text{e-}2$). Ataxia was a second phenomenology more frequently observed in patients with
27 variants in *STXBPI* (OR=5.2, 95%-CI=1.2–20.2, $p_{\text{adj}}=4.7\text{e-}2$) (Supplementary Video 8) and
28 *SLC2A1* (OR=4.4, 95%-CI=1.5–12.4, $p_{\text{adj}}=2.0\text{e-}2$) variants. Patients with *CDKL5* variants
29 exhibited a greater propensity for secondary myoclonus (OR=14.8, 95%-CI=2.8–69.9, $p_{\text{adj}}=2.0\text{e-}$

1 2) and stereotypies (OR=9.2, 95%-CI=2.1–37.5, $p_{\text{adj}}=3.2\text{e-}3$), including characteristic leg crossing
2 stereotypies (Supplementary Video 9).

3
4 Essential to clinical practice, about half of all patients with EDS had a mixed movement disorder
5 combining at least two different phenomenologies (53.3%, 298/559, Figure 2B) with certain
6 combinations occurring significantly more frequently. Common combinations included dystonia
7 as the leading and choreoathetosis as the second leading phenomenology (OR=6.3, 95%-CI=3.4–
8 12.4, $p_{\text{adj}}=1.8\text{e-}9$) and vice versa (OR=9.7, 95%-CI=5.0–18.7, $p_{\text{adj}}=1.0\text{e-}14$), dystonia and
9 spasticity (OR=3.4, 95%-CI=1.7–7.4, $p_{\text{adj}}=2.7\text{e-}3$), and ataxia with tremor (OR=5.0, 95%-CI=2.4–
10 10.2, $p_{\text{adj}}=7.3\text{e-}6$). Among patients with a single isolated movement disorder phenomenology,
11 stereotypies were the most frequently observed (33.8%, 98/290), followed by dystonia (27.9%,
12 81/290) and ataxia (19.3%, 56/290).

13
14 The patterns of movement disorders varied by phenomenology (Figure 2C). Overall, 55.7%
15 (n=300) of patients experienced a persistent movement disorder as their primary disorder.
16 However, 44.3% of the cohort exhibited fluctuating patterns, with 21.7% (n=117) experiencing
17 both permanent movement disorders and paroxysmal episodes, and 22.6% (n=122) experiencing
18 paroxysmal symptoms only. Among those with fluctuating symptoms, 12.6% (n=30) exhibited
19 diurnal variations. While most phenomenologies were predominantly persistent, certain
20 phenomenologies - such as dystonia, myoclonus, and stereotypies - were more frequently
21 associated with fluctuating patterns, with fluctuations during periods of metabolic stress, i.e. fever
22 or infection, or other acute triggers, as is commonly seen in childhood-onset hyperkinetic
23 movement disorders.

24
25 Beyond associating individual gene variants with distinct movement disorder phenomenologies,
26 we extended our analysis to functional gene clusters (Figures S7B, S8B&D). This approach
27 identified several associations between clusters and specific movement phenotypes, overall and
28 when stratified by leading movement disorder features, while accounting for imbalances in gene
29 representation within clusters. Motor stereotypies as a secondary feature were significantly more

1 frequent in patients with pathogenic variants in genes involved in cortical development (Cluster 3)
2 (OR=3.1, 95%-CI=1.1–8.7, $p_{adj}=3.3e-2$). Pathogenic variants in GABA_A-receptor subunit genes
3 (Cluster 11) were strongly associated with tremor as a secondary movement disorder (OR=13.0,
4 95%-CI=1.2–141.8, $p_{adj}=3.6e-2$) and rigidity as an additional finding (OR=22.8, 95%-CI=4.4–
5 117.8, $p_{adj}=1.9e-4$), a signal not apparent in gene-level analyses. Pathogenic variants in Cluster 2
6 - encompassing genes involved in cGMP-mediated signaling through heterotrimeric and
7 monomeric G-protein-coupled receptors - were associated with chorea as a secondary finding
8 (OR=3.5, 95%-CI=1.1–12.0, $p_{adj}=4.7e-2$), consistent with the role of these genes in
9 neurotransmission.

10

11 **Illustrative examples of movement disorders in EDS**

12 Our systematic analysis highlights the fascinating spectrum of movement disorder phenotypes in
13 common EDS. Additional illustrative examples of frequently observed movement disorder
14 presentations include the common occurrence of paroxysmal tonic upgaze in *CACNA1A*-related
15 disease (Supplementary Videos 10 and 11), the frequent presentation of generalized dystonia in
16 *MECP2*-related Rett syndrome (Supplementary Video 12), the combination of motor stereotypies
17 and generalized chorea in *FOXG1*-related disorder (Supplementary Video 13), and paroxysmal
18 dystonia in *UBA5*-related disorder (Supplementary Video 14).

19

20 In addition to these well-recognized associations, we identified novel or less common movement
21 disorder phenotypes linked to specific genetic etiologies. Paroxysmal non-kinesigenic dyskinesia
22 with upper limb dystonia and chorea was observed in *PRRT2*-related disease (Supplementary
23 Video 15), while generalized chorea was noted in *CDKL5*-related disorder (Supplementary Video
24 16). Prominent hand stereotypies were frequently seen in *GNAO1*-related disorder (Supplementary
25 Video 17), and paroxysmal generalized dystonia was identified in *GRIN2B*-related disorder
26 (Supplementary Video 18). Stereotypies and generalized myoclonus were present in *KCNA2*-
27 related disease (Supplementary Video 19), whereas parkinsonism was observed in an adult
28 individual with *KCNQ2*-related disorder (Supplementary Video 20). Additionally, generalized
29 chorea was found in *SCN8A*-related disease (Supplementary Video 21). Our analysis also

1 documented numerous cases of complex, mixed movement disorders, further underscoring the
2 diversity and phenotypic complexity of movement disorder presentations in EDS. For example,
3 the co-occurrence of spasticity and ataxia was frequently observed in *SPTAN1*-related disorder
4 (Supplementary Videos 22 and 23).

6 **Epilepsy**

7 A formal epilepsy diagnosis was rendered in 66.8% (n=401) of patients, with 37.2% (n=150)
8 meeting criteria for developmental and epileptic encephalopathy (DEE)³⁵. Specific epilepsy
9 syndromes were identified in some cases, including infantile spasms (n=56), Early Infantile
10 Developmental and Epileptic Encephalopathy (EIDEE, previously referred to as Ohtahara
11 syndrome) (n=7), Lennox-Gastaut syndrome (n=14), and Dravet syndrome (n=11). Infantile
12 spasms were most frequently associated with *CDKL5* variants, affecting 76.7% (23/30) of these
13 patients. As expected, Dravet syndrome was exclusively observed in patients with *SCN1A* variants.

14
15 Generalized motor seizures were the most common leading seizure type (53.1%, n=187), followed
16 by focal seizures with impaired awareness (21.6%, n=76) and generalized non-motor seizures
17 (17.3%, n=61). Seizure onset remained unclear in 3.7% (n=13) of patients. Specific genes were
18 significantly associated with distinct seizure types (Figure 3A). For instance, *CDKL5* variants were
19 strongly linked to generalized motor seizures (OR=17.7, 95%-CI=4.4–156.1, $p_{\text{adj}}=3.4e-6$), while
20 patients with *SLC2A1* (OR=3.8, 95%-CI=1.5–9.1, $p_{\text{adj}}=6.2e-3$) or *CACNA1A* (OR=10.5, 95%-
21 CI=2.6–50.6, $p_{\text{adj}}=5.0e-3$) variants were more likely to experience generalized non-motor seizures.

22
23 No significant overall associations were observed between seizure types and movement disorder
24 phenomenologies (Figure 3B). However, generalized non-motor seizures tended to be more
25 common in patients with ataxia (OR=2.0, 95%-CI=1.1–3.7, $p=1.1e-2$, $p_{\text{adj}}=0.29$) aligning with the
26 finding of ataxia being a prominent symptom in both *SLC2A1*- and *CACNA1A*-related conditions
27 where this seizure type is prevalent.

28

1 Seizure control varied widely across affected genes (Figure 3C). Of the 65.2% (n=397) of patients
2 for whom seizure control data were available, 42.1% (n=167) achieved complete control, 43.8%
3 (n=174) had partial control, and 14.1% (n=56) experienced no seizure control. Among the most
4 frequently affected genes, complete seizure control was reported in 40% (24/60) of patients with
5 *MECP2* variants, 54.6% (12/22) of those with *ATPIA3* variants, and 90.9% (10/11) of patients
6 with *PRRT2* variants. In contrast, *CDKL5* variants were associated with the highest proportion of
7 uncontrolled medically-refractory epilepsy (43.3%, 13/30).

8

9 **Temporal Patterns of Epilepsy and Movement Disorder Onset**

10 Overall, movement disorders tended to have a more variable age of onset and were recognized
11 after seizure-onset. Patients were most frequently diagnosed with epilepsy during the first year of
12 life (1–12 months, 32.9%, n=131) and with a movement disorder typically between ages 1–3 years
13 (36.2%, n=197). However, the age range and sequence of symptom onset varied considerably
14 across different genetic etiologies (Figure 4). For several affected genes, including *CDKL5*,
15 *GNAO1*, *PRRT2*, *WDR45*, and *SLC2A1*, seizures were noted before the manifestation of movement
16 disorders. Notably, while seizure onset often clustered in the neonatal (e.g., *CDKL5*) or infantile
17 period (e.g., *PRRT2*), the emergence of movement disorders was more temporally dispersed. For
18 other genes, seizure and movement disorder onset coincided (e.g., *ATPIA3*, *STXBPI*, *FOXG1*), or
19 the movement disorder preceded the onset of seizures (e.g., *MECP2*, *CACNA1A*).

20

21 **Movement Disorders by Age Group**

22 An exploratory analysis examined the distribution of movement disorders across age groups for
23 the 12 most commonly affected genes, utilizing retrospective longitudinal data of a relatively large
24 number of available cases (Figure 5). This analysis provides a preliminary view of the progression
25 of movement disorder phenomenologies over time and highlights broader trends. A recurring
26 pattern emerged: Hyperkinetic movement disorders predominated during infancy and childhood,
27 while hypokinetic disorders and other motor disorders, such as parkinsonism and spasticity,
28 became more frequent in later stages of childhood and early adulthood. This trend was particularly

1 evident in patients with *FOXG1*, *SLC2A1*, and *WDR45* variants. Similar patterns were observed
2 for the second leading movement disorders (Figure S12). For instance, spasticity was the most
3 frequent second movement disorder in adulthood for patients with *MECP2* and *GNAO1* variants.

5 **Developmental trajectories vary across affected genes**

6 Developmental outcomes in patients with EDS often deviate from typical pediatric trajectories, yet
7 systematic data - particularly regarding motor development - remain limited for many genetic
8 etiologies. To better characterize developmental patterns, we examined the frequency and severity
9 of neurodevelopmental delay in patients under five years old, intellectual disability (ID) in those
10 over five years, and achievement of motor milestones (Figure 6A–C). Overall, 86.9% (518/596)
11 of patients were reported to have global developmental delay, with mild (27.4%, n=163), moderate
12 (28.4%, n=169), and severe (31.2%, n=186) developmental delays occurring at similar frequencies
13 (Figure 6A). Developmental delays affected multiple domains including motor development, with
14 motor delay noted in 80.5% (484/601) of patients and speech delay reported for 82.6% (495/599).
15 43.5% (237/545) of patients older than 24 months and 38.5% (151/392) of patients older than 6
16 years were non-verbal.

17
18 The prevalence and severity of developmental delay varied considerably by gene (Figure 6A). For
19 example, most patients with *PRRT2* variants (86.8%, 33/38) showed no developmental delay,
20 whereas 75.6% (34/45) of patients with *ATPIA3* variants had a predominantly mild (55.9%, 19/34)
21 global developmental delay. Conversely, severe global developmental delay was highly prevalent
22 among patients with *ARX* (100%, 7/7), *FOXG1* (65.0%, 13/20), *STXBPI* (63.2%, 12/19), and
23 *GNAO1* (52.5%, 21/40) variants.

24
25 These trends were also reflected in the assessment of gross motor development, as assessed by
26 major motor milestones including head control, unsupported sitting and walking (Figure 6C).
27 83.9% (481/573) of individuals over the age of 6 months had achieved head control and 77.8%
28 (442/568) over 10 months had achieved unsupported sitting. Among patients older than 18 months

1 (n=564), 62.1% (344/554) had achieved unsupported walking, with a median age at achievement
2 of 36.0 months (95%-CI=29.0–48.0; n=293) and high variability across genes. Most patients with
3 *PRRT2* (78.4%, 29/37) and *ATPIA3* (82.9%, 34/41) variants, for example, achieved independent
4 walking at a normal or slightly delayed median age (*PRRT2*: 13 months [95%-CI=12–23], n=22;
5 *ATPIA3*: 19 months [95%-CI=15–28], n=29). In contrast, only 40.0% (14/35) of patients with
6 *GNAO1*, 17.9% (5/28) with *CDKL5*, and 10.0% (2/20) with *FOXG1* variants ever achieved this
7 milestone. Trends observed for developmental delays were mirrored in the prevalence and severity
8 of ID in patients over five years old. ID was reported in 80.4% (311/387) of these patients,
9 reflecting severity patterns consistent with the findings for developmental delay (Figure 6B).

11 **Motor function is severely impaired in EDS and depends on affected** 12 **gene**

13 Many EDS are associated with significant functional motor impairment. To evaluate this, we
14 assessed gross motor function using the Gross Motor Function Classification System (GMFCS) at
15 the last follow-up. We analyzed the age at which the use of walking aids or full-time wheelchair-
16 dependence was first reported (Figure 6D–F).

18 Detailed retrospective data on the age of walking aid and wheelchair usage were available for
19 40.6% (247/609) and 40.1% (244/609) of patients, respectively. Among those requiring a walking
20 aid, most became dependent between the ages of 1–3 years (56.7%, 76/134) or during early
21 childhood (4–7 years, 23.9%, 32/134) (Figure 6D). Similarly, in non-ambulatory patients,
22 wheelchair dependence typically occurred between the ages of 1–3 years (48.3%, 73/151) or 4–7
23 years (27.2%, 41/151), reflecting that this subset of children with EDS never achieved the ability
24 to walk independently (Figure 6E).

26 To gain a more granular understanding of motor impairment progression, we performed a time-to-
27 event analysis based on patient age and GMFCS score at the last follow-up (Figure 6F). GMFCS
28 data were available for 97.9% (596/609) of patients, with 78.7% (469/596) exhibiting at least some

1 degree of motor impairment (GMFCS \geq 1) by a median age of 11.2 years (95% CI=9.8–12.4,
2 n=450). Among these, 44.6% (266/596) developed severe motor impairment requiring permanent
3 use of a walking aid or wheelchair (GMFCS \geq 3) at a median age of 16.6 years (95% CI=15.0–18.4,
4 n=259). A total of 22.2% (132/596) progressed to GMFCS level 5, characterized by profound
5 limitations in voluntary movement control (including difficulty maintaining head and neck
6 posture); by the age of 35.8 years (95% CI=27.4–NA, n=129) 49.0% of patients at risk had
7 progressed to level 5.

8
9 Motor impairment progression was highly dependent on genetic etiology (Figure S14). For
10 example, most patients with *PRRT2* variants (92.1%, 35/38) did not exhibit permanent gross motor
11 impairment (GMFCS=0). In contrast, patients with *MECP2* variants showed a higher prevalence
12 of motor impairment: 95.5% (84/88) had at least mild impairment (GMFCS \geq 1) by a median age
13 of 11.8 years (95%-CI: 8.8–13.8, n=78), and 61.4% (54/88) progressed to severe impairment
14 (GMFCS \geq 3) by a median age of 13.8 years (95%-CI=11.9–21.7, n=52). The most severely
15 impaired patients, reaching GMFCS level 5 in the majority of cases were predominantly carriers
16 of *FOXG1* (65.0%, 13/20; median age: 7.8 years [95%-CI=6.3–NA]), *CDKL5* (53.3%, 16/30;
17 median age: 8.5 years [95%-CI=5.0–NA]), and *GNAOI* (52.6%, 20/38; median age: 13.8 years
18 [95%-CI=11.3–NA]) variants.

19

20 **Genetic etiologies are associated with distinct phenotypic signatures**

21 To identify clinical findings significantly associated with specific genetic etiologies and highlight
22 distinct phenotypic signatures, we performed a comparative phenotypic enrichment analysis
23 (Figure 7). While some findings were, as expected, pathognomonic for certain genes in the context
24 of EDS - such as Dravet syndrome for *SCN1A* (OR=Inf, 95%-CI=307.8–Inf, $p_{\text{adj}}=3.1\text{e-}18$) or iron
25 deposition (OR=107.9, 95%-CI=17.2–1,163.9, $p_{\text{adj}}=2.2\text{e-}6$) on brain imaging for *WDR45* - this
26 analysis revealed unique and nuanced phenotypic profiles for most of the frequently affected
27 genes.

28

1 For instance, patients with *FOXG1* variants were significantly more likely having microcephaly
2 (OR=37.3, 95%-CI=8.7–337.0, $p_{\text{adj}}=8.8\text{e-}9$), being gastrostomy tube-dependent (OR=8.2, 95%-
3 CI=3.0–25.0, $p_{\text{adj}}=3.2\text{e-}4$), being non-verbal (OR=7.4, 95%-CI=2.1–39.6, $p_{\text{adj}}=5.5\text{e-}3$), and having
4 severe NDD (OR=4.3, 95%-CI=1.6–13.0, $p_{\text{adj}}=1.6\text{e-}2$) as well as reaching GMFCS level 5 (OR
5 =7.1, 95%-CI=2.6–21.5, $p_{\text{adj}}=9.3\text{e-}4$) and less likely to achieve unsupported sitting (OR=0.25,
6 95%-CI=0.1–0.7, $p_{\text{adj}}=3.8\text{e-}2$), reflecting the profound developmental, intellectual, and motor
7 impairments frequently seen in these patients. Similarly, patients with *CDKL5* variants were
8 severely affected in both the motor and developmental domains, but *CDKL5* variants were also
9 enriched for severe epilepsy-related features such as DEE (OR=59.9, 95%-CI=9.7–2,444.4,
10 $p_{\text{adj}}=1.2\text{e-}10$), medically-refractory epilepsy (OR=10.7, 95%-CI=3.2–55.9, $p_{\text{adj}}=3.6\text{e-}5$), infantile
11 spasms (OR=31.2, 95%-CI=11.9–92.6, $p_{\text{adj}}=9.6\text{e-}14$), and generalized motor seizures (OR=18.4,
12 95%-CI=4.5–161.4, $p_{\text{adj}}=3.1\text{e-}6$). *GNAO1* variants exhibited a phenotype dominated by severe
13 dystonia, including status dystonicus (OR=9.7, 95%-CI=2.2–40.5, $p_{\text{adj}}=2.3\text{e-}2$), permanent
14 dystonia (OR=9.5, 95%-CI=4.4–21.5, $p_{\text{adj}}=1.6\text{e-}10$), cervical dystonia (OR=7.0, 95%-CI=2.0–
15 28.1, $p_{\text{adj}}=1.6\text{e-}2$), and dysarthria (OR=6.8, 95%-CI=2.1–25.8, $p_{\text{adj}}=7.8\text{e-}3$). *MECP2* variants, in
16 addition to motor stereotypies and global developmental delay and regression, prominently
17 featured neuropsychiatric findings consistent with autism spectrum disorder as well as
18 gastrointestinal symptoms. Finally, *PRRT2* variants, as expected, were strongly associated with
19 paroxysmal kinesigenic dyskinesia (OR=93.4, 95%-CI=37.1–253.7, $p_{\text{adj}}=1.3\text{e-}26$) and an overall
20 milder clinical course for both motor and epilepsy features, evidenced by a lower likelihood of
21 having delayed motor development (OR=0.02, 95%-CI=0.005–0.06, $p_{\text{adj}}=9.4\text{e-}28$) and higher
22 likelihood for complete seizure control (OR=14.5, 95%-CI=2.0–633.8, $p_{\text{adj}}=6.1\text{e-}3$).

23
24 In summary, this analysis highlights distinct clinical signatures for most of the frequently affected
25 EDS genes, enabling more targeted surveillance and symptomatic treatment of clinical
26 manifestations, anticipatory guidance, and providing a basis for designing longitudinal natural
27 history studies.

28

1 Comparative Assessment of Pharmacotherapeutic Treatment

2 Effectiveness

3 Previous studies have examined the use of antiseizure medications (ASM) in EDS, often focusing
4 on prescription frequencies³⁶⁻⁴⁴. However, no comprehensive evaluation of treatment responses -
5 particularly for movement disorders - has been reported to date. To address this gap, we assessed
6 which medications patients used for both seizures and movement disorders, categorizing treatment
7 outcomes into nine distinct response categories.

8
9 A total of 47 different medications were reported. The most commonly used ASM across all
10 genetic etiologies were levetiracetam (35.1%, 214/609), valproate (31.8%, 194/609), clobazam
11 (21.2%, 129/609), and topiramate (17.7%, 108/609). For movement disorder targeted symptomatic
12 treatment, diazepam (12.2%, 74/609), baclofen (11.2%, 68/609), and clonidine (11.0%, 67/609)
13 were most frequently used. To better understand potential genotype-specific therapeutic effects,
14 we analyzed gene-medication combinations (Figure S14) and gene-cluster medication
15 combinations in a one-versus-remainder approach (Figure S15).

16
17 For example, seizures in patients with *CDKL5* variants showed a favorable response to cannabidiol
18 (OR=4.2, 95%-CI=1.3–13.3, $p_{\text{adj}}=9.2\text{e-}3$), while patients with *PRRT2* variants responded well to
19 valproate (OR=26.0, 95%-CI=2.2–1,418.6, $p_{\text{adj}}=2.7\text{e-}3$). For movement disorders, permanent
20 improvements were reported with botulinum toxin in *MECP2* variants (OR=181.4, 95%-CI=22.5–
21 7,965.8, $p_{\text{adj}}=9.4\text{e-}11$), carbamazepine in *PRRT2* (OR=6.1, 95%-CI=1.6–29.9, $p_{\text{adj}}=2.4\text{e-}3$),
22 acetazolamide in *CACNA1A* (OR=5.1, 95%-CI=1.1–24.6, $p_{\text{adj}}=2.8\text{e-}2$), gabapentin in *ATPIA3*
23 (OR=23.9, 95%-CI=2.2–1,216.6, $p_{\text{adj}}=2.4\text{e-}3$), and trihexyphenidyl in *GNAO1* variants (OR=8.4,
24 95%-CI=1.5–41.4, $p_{\text{adj}}=7.1\text{e-}3$).

25
26 Of great clinical importance, conversely, some medications showed limited efficacy or even
27 worsened symptoms in certain contexts. Levodopa was more likely to have no benefit in patients
28 with *GNAO1* (OR=8.9, 95%-CI=1.4–65.7, $p_{\text{adj}}=9.5\text{e-}3$) or *MECP2* variants (OR=25.7, 95%-

1 CI=1.3–1,548.1, $p_{adj}=1.6e-2$). Additionally, worsening of movement disorders was associated with
2 amantadine in patients with *ATPIA3* variants (OR=Inf, 95%-CI=4.6–Inf, $p_{adj}=1.6e-3$), as well as
3 perampanel (OR=Inf, 95%-CI=1.9–Inf, $p_{adj}=8.5e-3$), and trihexyphenidyl in cases with *ARX*
4 variants (OR=23.2, 95%-CI=1.0–1,568.0, $p_{adj}=2.4e-2$).

5
6 We also evaluated the use of non-pharmacological interventions, namely DBS, which was reported
7 in 24 cases (Figure S16). DBS was most commonly used in patients with *GNAOI* variants (54.2%,
8 13/24), with electrodes almost exclusively placed in the internal globus pallidus (95.8%, 23/24)
9 across genetic etiologies. Clinician-reported clinical improvement was observed in 75.0% (18/24)
10 of all patients treated with DBS including two thirds (76.9%, 10/13) of those with *GNAOI* variants.
11 In contrast, however, DBS showed no benefit in the three patients with *ATPIA3* variants.

12 13 **Discussion**

14 The EDS comprise a diverse and evolving group of predominantly childhood-onset monogenic
15 disorders commonly encountered in movement disorder and epilepsy clinics worldwide. This
16 study places special emphasis on accurately characterizing the spectrum of movement disorders in
17 EDS, addressing a critical gap in the literature where many conditions have been primarily
18 described from an epilepsy-centric perspective.

19
20 Leveraging the collaborative network of the International Parkinson and Movement Disorders –
21 Pediatric Movement Disorders Special Interest Group, this study defined a list of 105 monogenic
22 disorders commonly presenting with both epilepsy and movement disorders. Data collection
23 utilized a standardized clinician-reported survey, supplemented by reviews of medical records and,
24 where available, videos of neurological examinations. The survey was specifically designed to
25 capture data relevant to EDS while remaining sensitive to a broader range of clinical
26 manifestations, including those outside the established phenotypic spectrum. Contributions came
27 from clinicians self-identifying as movement disorder specialists (fellowship-trained) or pediatric
28 neurologists with substantial expertise in diagnosing and managing movement disorders.

1
2 This collaborative effort resulted a comprehensive cross-sectional analyses of movement
3 disorders, epileptic seizures, associated comorbidities, and treatment responses. An intriguing
4 initial finding was that, among the 105 predefined genes, cases were only identified for variants in
5 74 genes. This observation may reflect: 1) The ultra-rare nature of certain EDS, which potentially
6 escape detection even in a dataset drawn from over 30 centers worldwide, including large tertiary
7 care programs; 2) the recent identification of some conditions, which may not yet be fully
8 represented in clinical practice yet; 3) the tendency for some EDS to be rapidly diagnosed due to
9 their prominent epilepsy manifestations, with subsequent referral to movement disorder specialists
10 (from which we recruited predominantly) being less routine; 4) diagnostic gaps in accessing
11 genetic testing as some diagnostic approaches (single gene testing, gene panels) might be
12 insufficient to establish a diagnosis, particularly in cases with a potentially broader or atypical
13 phenotypic spectrum than currently described in the literature. Overall, 12 genes accounted for
14 two thirds of the cohort, underscoring their relative prevalence in specialized movement disorder
15 clinics worldwide. Using available data on gene prevalence in developmental and epileptic
16 encephalopathies ⁴⁵ as a reference, we find considerable overlap between the most commonly
17 implicated genes and those observed in our EDS cohort, though notable differences also emerge.
18 For example, ion channelopathies such as *SCN1A* and *KCNQ2* are typically associated with
19 epilepsy-predominant phenotypes and are less commonly linked to prominent movement
20 disorders. The genetic testing modalities employed in this study highlight the increasing
21 accessibility of exome and genome sequencing across diverse healthcare settings, but multigene
22 panels remain commonly used at some centers. As the clinical and genetic spectrum of EDS
23 continues to expand, including insights from this study, it is essential to acknowledge the
24 limitations of multigene panels in capturing the full complexity of this group of disorders. To
25 address this, broader testing approaches should be prioritized to ensure more comprehensive
26 diagnostic capabilities.

27
28 A second notable observation is that, while all patients included in the study, based on the required
29 inclusion criteria, presented with a movement disorder, only 66.8% also had comorbid epilepsy.
30 While some of these cases may reflect a potential later manifestation of epilepsy, this likely

1 accounts for only a small subset, as seizures in most EDS typically manifest early and are often
2 the initial symptom. Instead, this finding suggests that certain EDS may occasionally present with
3 movement disorders as the main or sole manifestation, highlighting the phenotypic pleiotropy
4 commonly observed in many monogenic movement disorders. Clinically, these cases often fall on
5 the milder end of the severity spectrum for a given EDS, as the presence of epilepsy is frequently
6 associated with more severe neurodevelopmental and behavioral challenges, as well as greater
7 motor impairment. This observation may be helpful for family counseling and anticipatory
8 guidance in clinical care, though it warrants confirmation through longitudinal studies.

9
10 A third important observation is that the movement disorder spectrum in EDS extends beyond
11 what is classically defined as ‘dyskinesia’ to all major hyper- and hypokinetic movement disorders,
12 and thus the term EDS may warrant reconsideration. To better characterize the motor disorder
13 spectrum observed in EDS, we asked participants to rank both the leading and second most
14 prominent movement disorders while also recording the full range of phenomenologies present.
15 This approach revealed that most EDS cases present with mixed movement disorders, where
16 multiple phenomenologies coexist in the same patient. This finding highlights the complexity of
17 movement disorders in EDS and emphasizes the need for comprehensive clinical evaluation and
18 care. In clinical practice, it is often useful to identify the leading phenomenology, defined as the
19 most clinically prominent and functionally impairing disorder, and to design treatment plans and
20 goals centered around it. Simultaneously, clinicians should explore synergistic treatments that
21 address multiple comorbid movement disorders. For example, medications or DBS can often be
22 optimized to target both dystonia and chorea, which represent the most common combination of
23 movement disorders identified in the cohort.

24
25 While our analysis begins to elucidate the movement disorder signatures associated with the most
26 common EDS, it also uncovers several novel associations. These findings are valuable not only
27 for refining genetic testing approaches and optimizing care for specific EDS but also for suggesting
28 previously unexplored shared disease mechanisms and possibly the re-classification of variants of
29 uncertain significance. For instance, the late-onset manifestation of levodopa-responsive
30 parkinsonism in individuals with *KCNQ2* variants indicates that channelopathies may impair

1 dopamine-driven circuits. Such novel associations have significant implications for clinical care
2 and quality of life, underscoring the need for further investigation. Larger, prospective cohort
3 studies focusing on individual rare forms of EDS are essential to validate these observations and
4 translate them into improved management strategies.

5
6 Along the same theme, our molecule pathway analysis provides a systems-level view of EDS-
7 associated gene relationships, offering a functional classification framework that extends beyond
8 traditional, manually curated pathway annotations. By utilizing an unbiased clustering approach,
9 we identified potential mechanistic overlaps between EDS subtypes, revealing shared molecular
10 networks that underlie distinct clinical presentations. These findings highlight key biological
11 pathways that could serve as therapeutic targets. Additionally, this comprehensive classification
12 framework offers a predictive tool for phenotypic spectrum assignment of newly discovered EDS
13 genes, aiding in genotype-phenotype correlations.

14
15 Data on motor disability in EDS reveal high rates of dependence on walking aids and wheelchairs,
16 highlighting the severity of motor impairment in many cases. We suspect that movement disorders
17 impose a substantial disease burden, particularly in patients whose seizures have been adequately
18 managed or suppressed. In the cohort, 15 patients had a documented history of status dystonicus
19 requiring inpatient-level care. This is likely an underestimation due to the study's retrospective
20 design, potentially varying definitions of status dystonicus, and differences in treatment thresholds.
21 This variability is further reflected by the overall low number of patients for whom any data on
22 the history of status dystonicus was reported (203/609). For example, frequent hyperkinetic crises
23 observed in individuals with *GNAOI* mutations would meet the most recent criteria for status
24 dystonicus^{46,47}, but this may not have been applied universally. Recently published standardized
25 practice guidelines for the management of status dystonicus in the pediatric population will help
26 address these inconsistencies⁴⁶. However, these guidelines will need to be adapted for patients
27 with EDS, as their preexisting medication burdens often necessitate a tailored approach to ensure
28 effective and safe management. Movement disorders may also significantly affect other critical
29 domains, such as sleep, swallowing function, and self-injurious behaviors, the latter particularly

1 in cases involving severe stereotypies. Given these broad impacts, the role of movement disorders
2 in determining overall health-related quality of life warrants further investigation in future studies.

3
4 Focusing on the 12 most common EDS in the cohort (*ATPIA3*, *CACNA1A*, *CDKL5*, *FOXG1*,
5 *GNAO1*, *MECP2*, *PRRT2*, *SCN1A*, *SCN8A*, *SCL2A1*, *STXBP1*, *WDR45*), we analyzed the
6 temporal patterns of movement disorder and seizure onset, as well as the evolution of specific
7 movement disorder phenomenologies. Our findings indicate that, in the majority of conditions,
8 seizures manifest either before or simultaneously with movement disorders, although subtle
9 movement disorders may precede seizure onset in some cases. Hyperkinetic movement disorders,
10 such as dystonia, chorea, and stereotypies, generally appear early in the disease course, while
11 ataxia and parkinsonism tend to emerge later. For example, in *MECP2*-associated Rett syndrome
12 and *WDR45*-associated BPAN, stereotypies manifest in early childhood, whereas dystonia and
13 parkinsonism become more prominent during the second decade of life. Most EDS, however,
14 exhibit a mixed and overlapping spectrum of movement disorders, with multiple phenomenologies
15 often coexisting within the same age groups. These findings must be interpreted with caution due
16 to the cross-sectional nature of the dataset, which limits our ability to capture longitudinal
17 symptom changes. This limitation is particularly evident in conditions associated with *CACNA1A*
18 and *ATPIA3*, which exhibit diverse spectrum of clinical manifestations, each with a characteristic
19 age of onset.

20
21 Genotype-phenotype correlations have been described for several genes included in this study. For
22 instance, in *SLC2A1*, movement disorders are less frequently associated with missense mutations
23 ⁴⁸; in *FOXG1*, deletions are more commonly linked to epilepsy and a higher seizure burden
24 compared to missense mutations ⁴⁹; and in *CDKL5*, specific variants - such as missense mutations
25 in the Arg178 hotspot - are associated with lower developmental scores and increased clinical
26 severity ⁵⁰. While our analysis did not explicitly stratify cases by genotype-phenotype
27 relationships, the broad phenotypic spectrum captured in our study highlights the need for
28 longitudinal, prospective investigations to refine these associations. A better understanding of
29 genotype-phenotype correlations is essential for genetic counseling and may have important
30 implications for clinical care and therapeutic decision-making.

1
2 The relatively high number of cases, particularly for the 12 most common genes, enabled an
3 unbiased approach to identifying less common but highly specific disease manifestations, as well
4 as differential responses to symptomatic treatments. While this approach has several limitations,
5 including a non-standardized treatment approach, it allowed for the identification of novel
6 associations. One of the most critical findings was that certain anti-seizure medications worsened
7 movement disorders in specific EDS cases and should therefore be used with caution. These
8 observations underscore the importance of individualized treatment strategies and careful
9 medication selection in managing EDS as well as a multidisciplinary approach in disease-
10 managing.

11
12 While our results provide important insights, several limitations must be also acknowledged. First,
13 as a survey-based study, the data are subject to potential reporting bias, particularly in terms of the
14 interpretation and categorization of movement disorders by individual clinicians. Second, although
15 the multicenter nature of the study reduces bias toward specific conditions, the dataset may still
16 reflect a slight overrepresentation of certain disorders due to the continued predominance of a few
17 high-contributing sites in data collection. Third, the quality of data may vary across participating
18 centers, reflecting differences in clinical expertise, diagnostic tools, and documentation practices.
19 However, this variability also highlights the real-world applicability of the findings, as they
20 represent diverse clinical practices across multiple geographic regions and health-care settings.
21 Addressing these limitations in future studies, such as by implementing standardized data
22 collection protocols or leveraging prospective longitudinal designs, will help refine and expand
23 upon the conclusions drawn here.

24
25 In summary, this study offers a systematic analysis of EDS, revealing critical insights into their
26 clinical and molecular spectrum. It underscores the need for interdisciplinary collaboration to
27 improve diagnostic accuracy and treatment strategies. These findings lay the groundwork for
28 future longitudinal studies and molecular investigations that may further refine the care of patients
29 with EDS and inform broader research on monogenic movement disorders.

1

2 **Data availability**

3 Anonymized data supporting the findings of this study are available from the corresponding author
4 upon reasonable request.

5

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1

2 **Competing interests**

3 Tobias Loddenkemper discloses funding from NIH, ERF, Epitel, Inc; device donations from
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9

10 **Supplementary material**

11 Supplementary material is available at *Brain* online.

12

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15

16 **Figure legends**

17

18 **Figure 1 Overview of Patient Demographics, Genetic and Functional Characteristics, and**
19 **Survival Analysis.** (A) Geographic distribution of the study population, showing the majority of
20 individuals from North America, particularly the USA, with additional representation from South
21 America, Europe, Asia, and Australia. (B) Distribution of the affected genes within the cohort,
22 highlighting the top ten most frequently mutated genes. Remaining genes are grouped and
23 displayed as an aggregate category. (C) UMAP embedding of combined Gene Ontology (GO)
24 and Protein-Protein Interaction (PPI) adjacency data, illustrating functional gene clusters. Clusters
25 are labeled with their top enriched biological process GO terms, revealing functional relationships
26 among the affected genes. (D) Sex distribution among patients with the most frequently affected
27 genes, showing sex-specific prevalence patterns. (E) Kaplan-Meier survival curves stratified by
28 the 12 most frequently affected genes and the overall cohort (Cumulative). The 95% confidence

1 interval for the cumulative cohort is shown as a shaded ribbon. Censoring was applied at the last
2 follow-up for individuals not reported as deceased. (F) Inheritance patterns among patients with
3 the most frequently affected genes.

4

5 **Figure 2 Spectrum and Characteristics of Movement Disorder Phenomenologies.** (A)
6 Distribution of the predominant or leading (left) and second-leading (right) movement disorder
7 phenomenologies among patients with the 12 most frequently affected genes, displayed as absolute
8 counts. (B) Associations between leading and second leading movement disorder
9 phenomenologies across the cohort. (C) Associations between reported movement disorder
10 phenomenology (both leading and second leading) and typical pattern of occurrence across the
11 cohort. (B & C) Significant associations ($p_{adj} < 0.05$) are indicated by black circles around dots.

12

13 **Figure 3 Seizure Spectrum, Control, and Associations with Movement Disorders.** (A)
14 Distribution of the most common seizure types among patients with the 12 most frequently
15 affected genes, shown as absolute counts. This panel highlights the prevalence of specific seizure
16 phenotypes within the cohort. (B) Associations between seizure types and movement disorder
17 phenomenologies across the cohort. No significant associations were identified, suggesting
18 independent phenotypic manifestations. (C) Seizure control status among patients with the most
19 frequently affected genes. Bar opacity reflects the absolute number of patients for each gene (log₂-
20 transformed for clarity). The first bar (Cumulative) represents the entire cohort, with transparency
21 set to zero for contrast, illustrating the overall distribution of seizure control outcomes.

22

23 **Figure 4 Age at Diagnosis for Epilepsy and Movement Disorder.** Age at diagnosis of epilepsy
24 and movement disorder among patients with the 12 most frequently affected genes. Dot size
25 represents the percentage of patients with both epilepsy and movement disorder reported,
26 illustrating the co-occurrence and temporal relationship between the two neurological conditions.

27

28 **Figure 5 Temporal Distribution of Movement Disorder Phenomenologies.** Cross-sectional
29 analysis showing the distribution of the leading movement disorder phenomenologies over time

1 among patients with the 12 most frequently affected genes. This temporal distribution highlights
2 the dynamic progression and age-dependent patterns of movement disorders in different EDS.

3
4 **Figure 6 Developmental and Functional Motor Impairment.** (A) Severity of developmental
5 delay among patients with the most frequently affected genes, illustrating the spectrum of
6 developmental challenges within the cohort. (B) Severity of intellectual disability among patients
7 with the most frequently affected genes, highlighting the cognitive impact associated with these
8 genetic variants. (C) Cumulative event curves for time to achieve independent walking across the
9 cohort, stratified by gene for the twelve most frequently affected genes and the entire cohort
10 (Cumulative). The 95% confidence interval for the cumulative cohort is shown as a shaded ribbon,
11 with median times to event marked by dashed lines. Data were censored at the last follow-up for
12 individuals not reported to have achieved independent walking. (D) Age at walking aid
13 dependence among patients with the most frequently affected genes, reflecting progressive motor
14 impairment. (E) Age at wheelchair dependence among patients with the most frequently affected
15 genes. (F) Cumulative event curves for time to reach GMFCS levels across the cohort, with 95%
16 confidence intervals shown as shaded ribbons and median times to event indicated by dashed lines.
17 Time-to-event data were censored at the last follow-up for individuals not reported to have reached
18 the respective level. (A-B & D-E) Bar opacity reflects the absolute number of patients for each
19 gene (\log_2 -transformed for clarity); the first bar (Cumulative) represents the entire cohort, with
20 transparency set to zero for contrast.

21
22 **Figure 7 Phenotypic Enrichment Analysis Stratified by Affected Gene.** One-versus-rest
23 enrichment analysis for categorical clinical findings among patients with the 12 most frequently
24 affected genes. Colored dots represent significantly enriched (positive enrichment) or
25 underrepresented (negative enrichment) clinical findings. Labels indicate findings that are
26 significantly enriched in each gene, revealing gene-specific phenotypic patterns and highlighting
27 distinctive clinical manifestations associated with each genetic variant.

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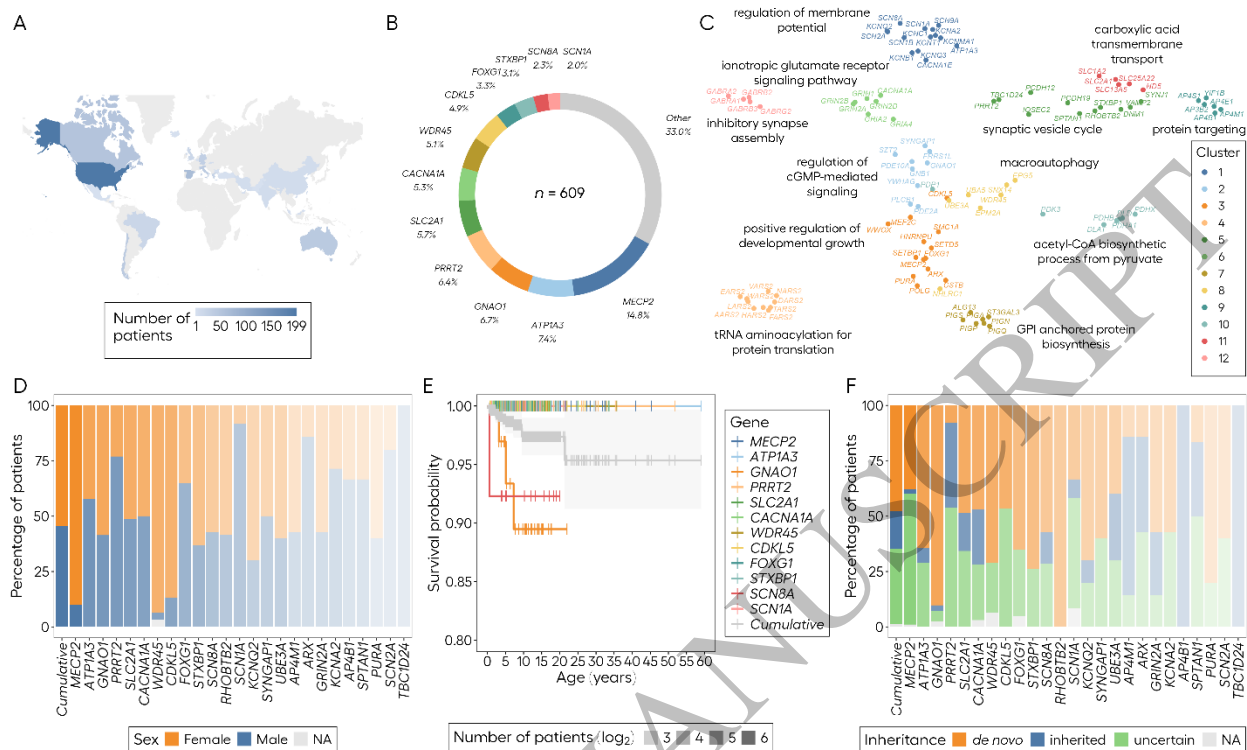
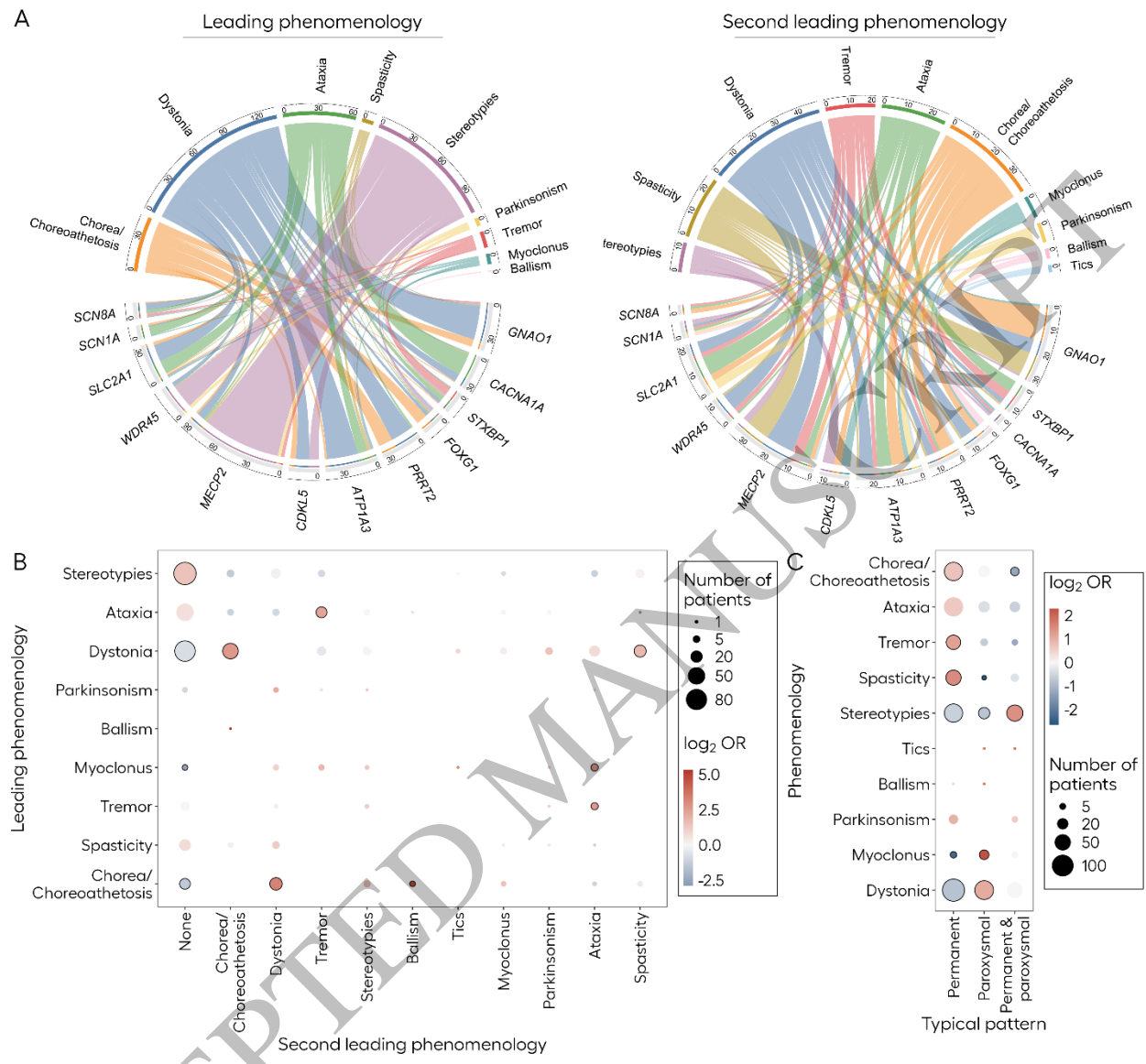


Figure 1
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Figure 2
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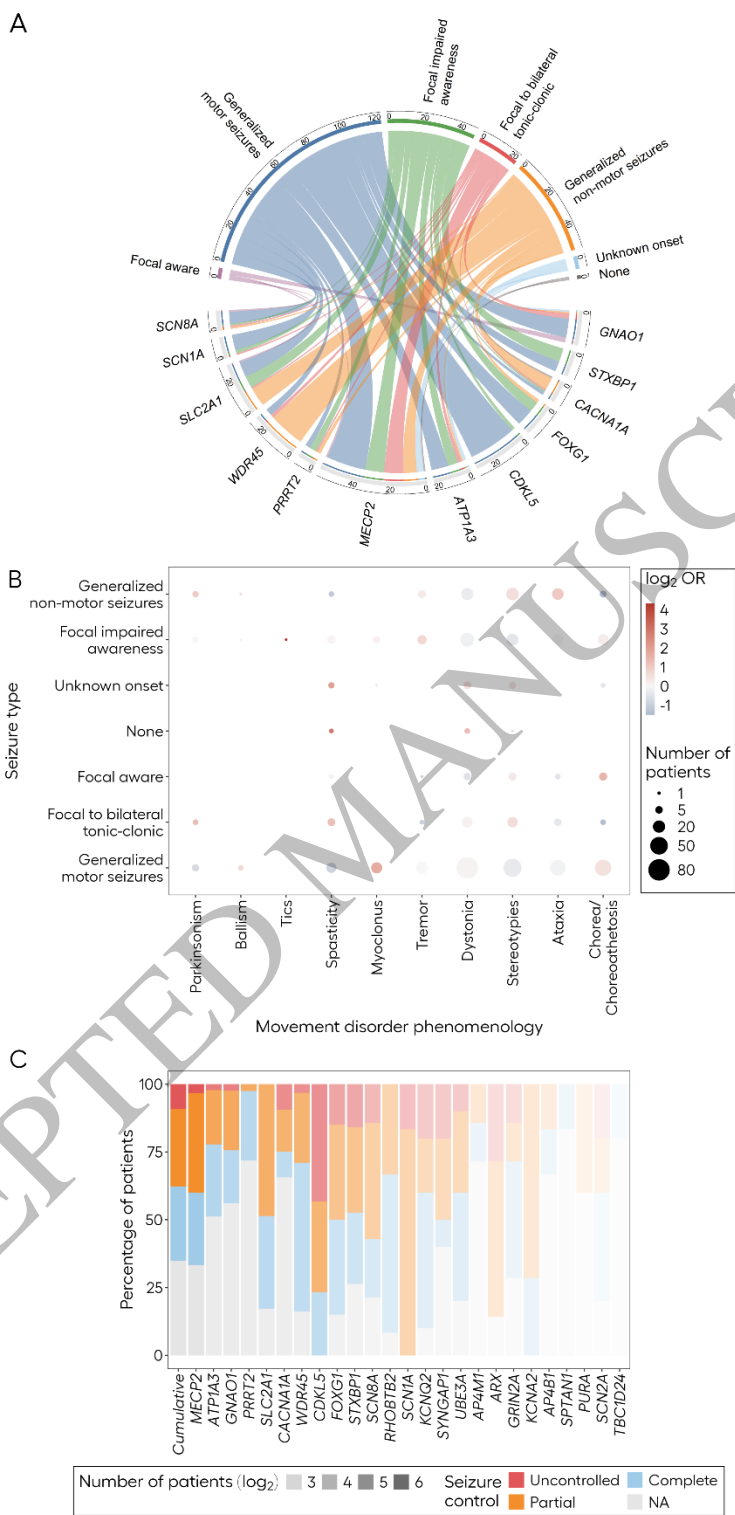


Figure 3
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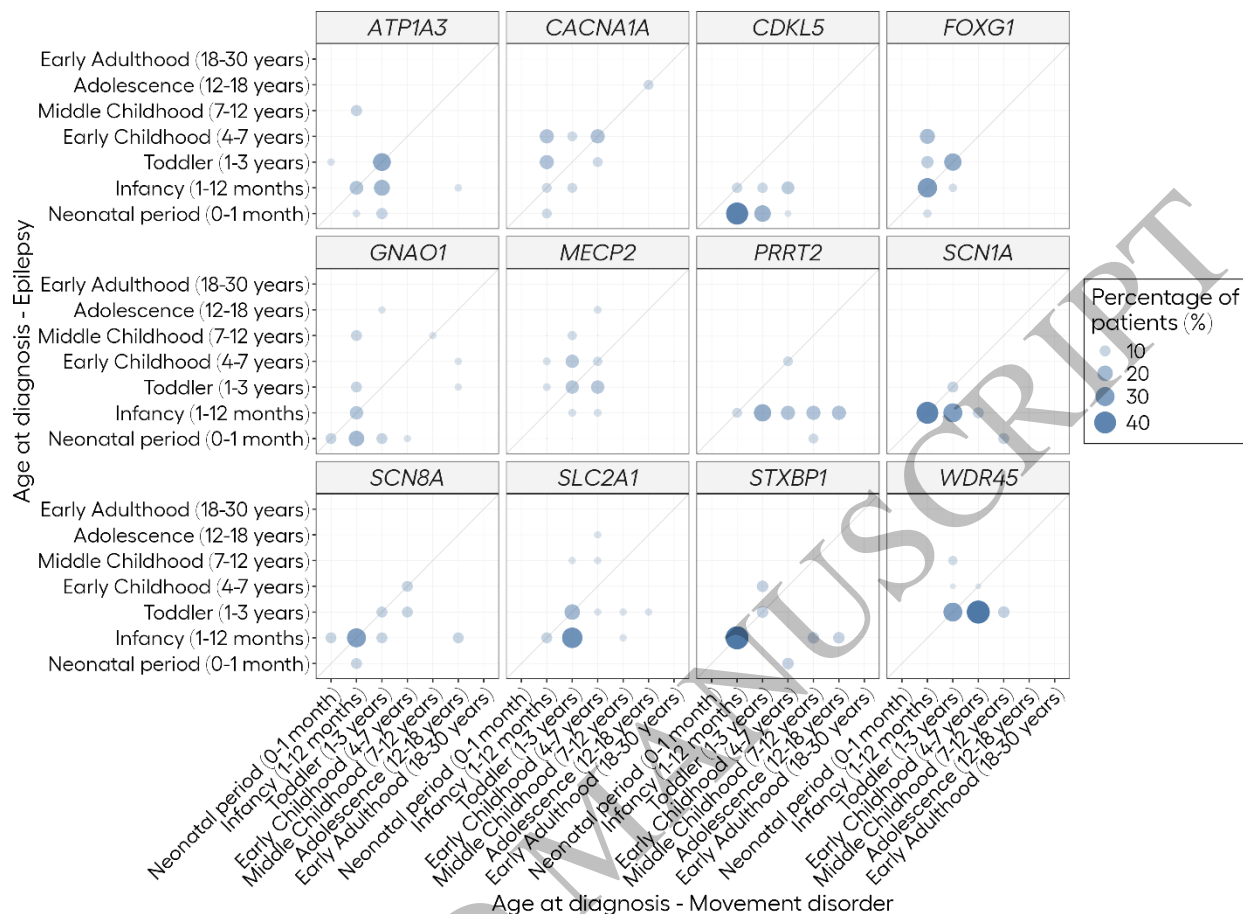


Figure 4
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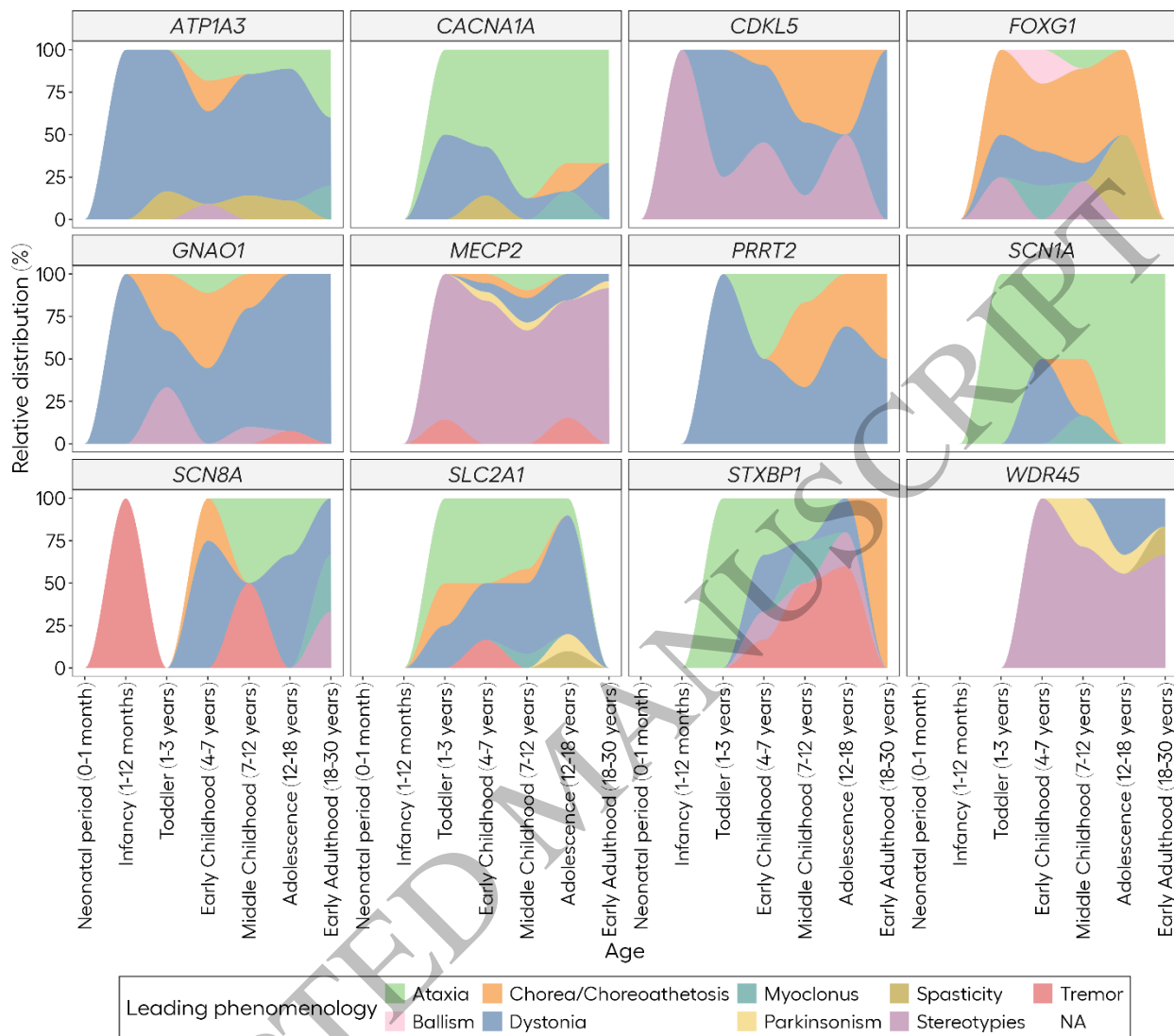


Figure 5
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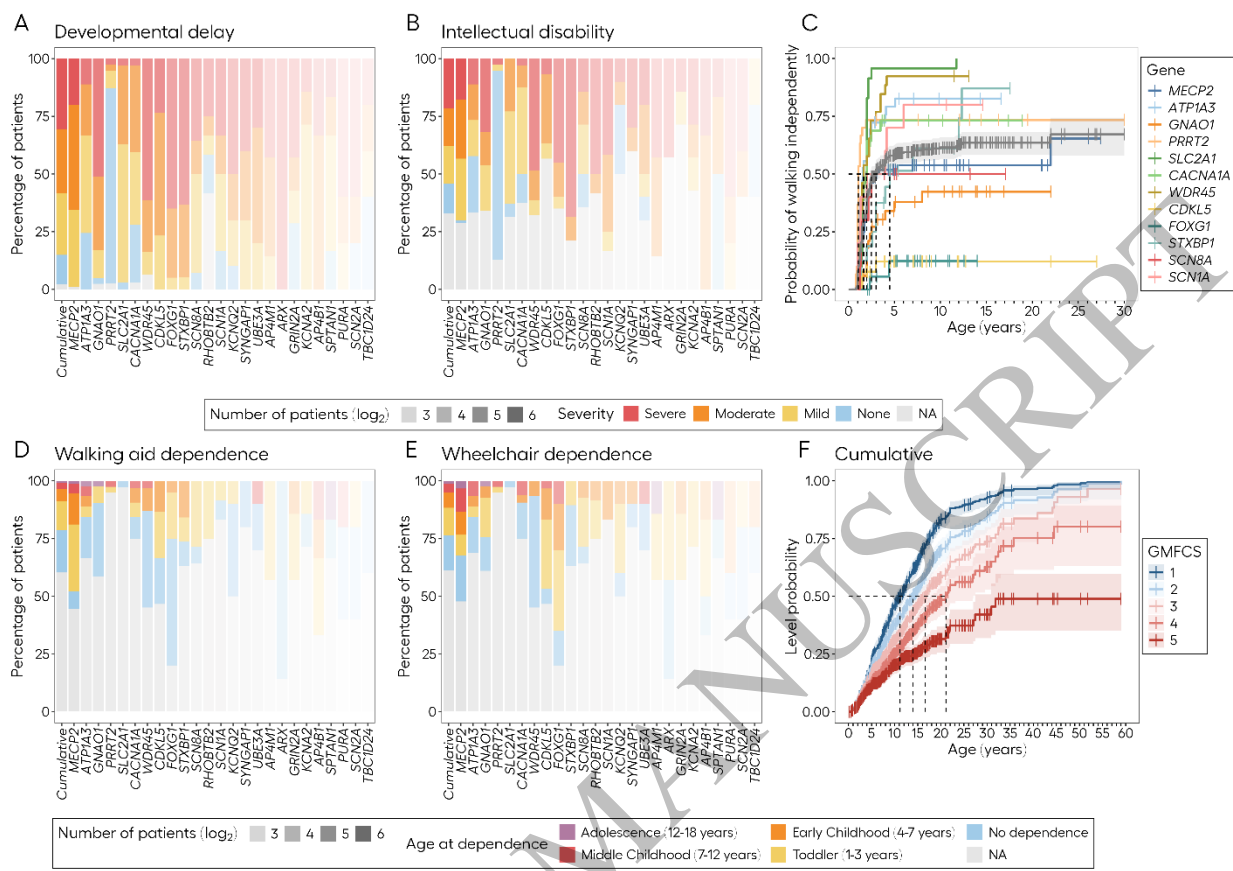


Figure 6
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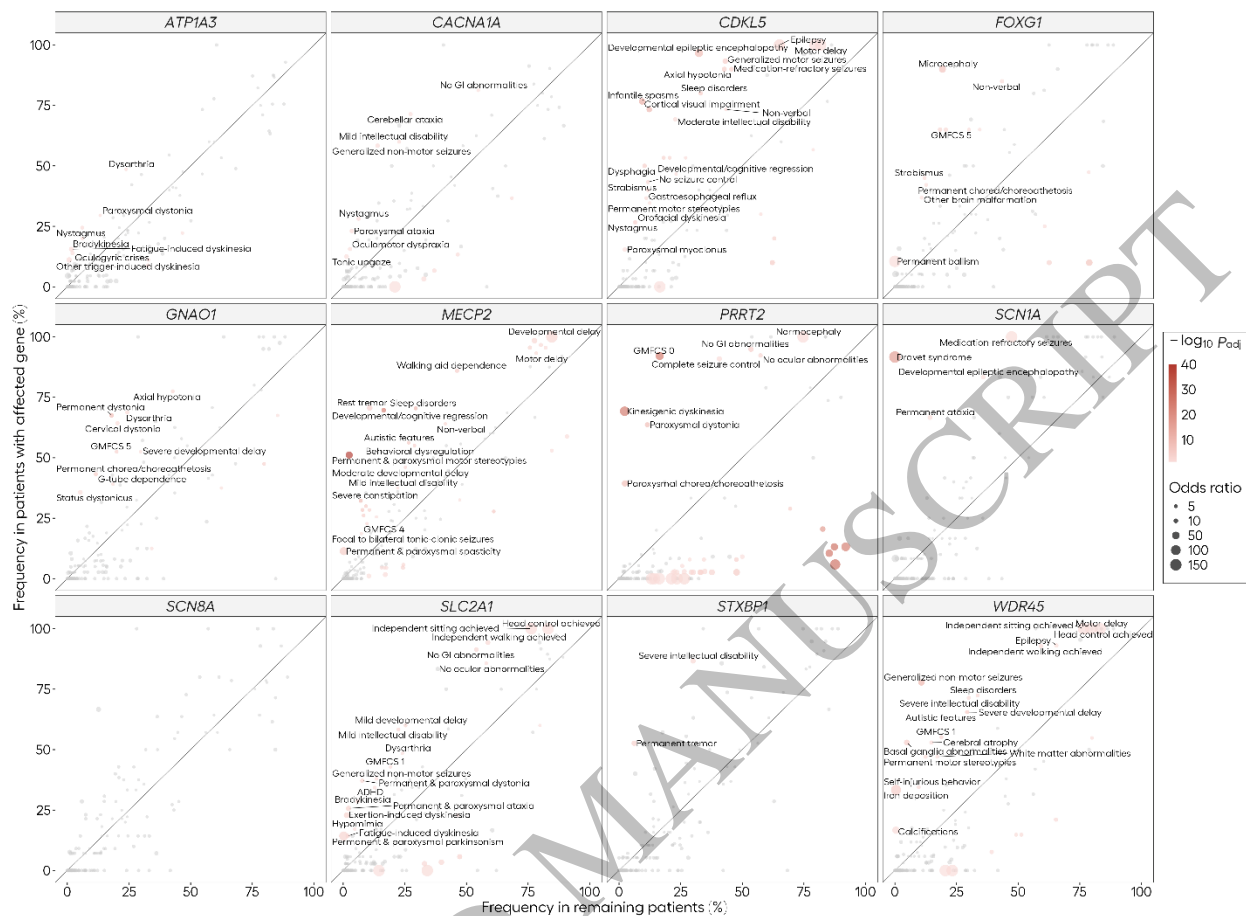


Figure 7
165x121 mm (x DPI)

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